

AUGUST Hot Lunch Menu



Monday 19



Tuesday 20



Wednesday 21

Veggie Baked Penne (V)
served with garlic bread

Beef & Broccoli
served with rice

Thursday 22

Chicken Souvlaki Plate
served with lemon rice & creamy cucumber salad

Veggie Stir-Fry Noodles (V)
served with a spring roll

Friday 23

Edamame Pot Stickers (V)
served with stir-fry veggies

Popcorn Chicken Bowl
served with mashed potatoes & corn

Monday 26

Chicken Burrito Plate

Cheesy Vegetable Casserole (V)

Tuesday 27

Fish Tacos
served with coleslaw & tartar sauce

Creamy Garden Pasta (V)
served with garlic bread

Wednesday 28

BBQ Chicken
served with mashed potatoes & veggies

Grilled Cheese Sandwich (V)
served with tomato soup

Thursday 29

Cayman Style Beef
served with rice & beans & plantain

Roasted Veggies & Potato

Friday 30

Creamy Tuscan Chicken
served with rice

Vegetable Curry (V)
served with pita