

**Beef Chili** 

Served with rice

Roasted Baked Veggies (V)

Beef Lasagna

Caponata

served with garlic bread

## FEBRUARY Hot Lunch Menu



All Beef Hot Dog

Served with fries

Aloo Gobi

| Monday 03  | Tuesday 04   | Wednesday 05   | Thursday 06   | Friday 07   |
|--|--|--|---|---|
| Edamame Potstickers served with fried rice Chicken Chow Mein Beef Fried Rice   | Fajita Chicken Tacos served with sour cream & salsa Creamy Garden Pasta served with garlic bread Vegetable Tagine Served with couscous | General Tso Chicken served with rice Corn & Bean Quesadilla served with sour cream & salsa Cottage Pie                                     | Creamy Tuscan Chicken served with rice Vegetable Tofu Stir Fry served with rice Sweet & Sour Pork served with rice  | Chicken Tenders served with fries Vegetable Chow Mein served with pot stickers Pesto Pasta served with garlic bread                 |
| Monday 10  | Tuesday 11   | Wednesday 12   | Thursday 13   | Friday 14   |
| Pasta Bolognese served with garlic bread Falafel Bowl served with brown rice Grilled Chicken Bowl served with brown rice | Beef Tacos served hard shell with sour cream & salsa Coconut Chicken Curry served with rice Vegetable Curry served with rice           | Orange Chicken served with rice Cayman Style Beef served with rice & beans and plantain Vegetable Rundown served with cornbread & plantain | Peri Peri Chicken With lemon rice & creamy cucumber salad Grilled Cheese served with tomato soup Chicken Souvlaki With lemon rice & creamy cucumber salad | Butter Chicken served with rice & naan bread Beef Quesadilla Served with sour cream & salsa Fish & Chips Served with tartar sauce   |
| Monday 17  | Tuesday 18   | Wednesday 19   | Thursday 20   | Friday 21   |
| Sweet & Sour Chicken Served with rice Beef Rissole Served with mashed potatoes & peas Vegetable Pad Thai (nut free)      | Pulled Pork Tacos served with sour cream & salsa Chicken Teriyaki served with rice Veggie Baked Penne served with garlic bread         | Cheese Pizza served with Caesar salad Pepperoni Pizza served with Caesar salad Jerk Chicken Alfredo served with garlic bread               | Creamy Mushroom & Spinach Pasta (V) served with garlic bread Chicken Schnitzel with mashed potato & mushroom gravy Beef Brisket served with mashed potato | Jerk Chicken Plate Served with rice & beans & plantain Cheese Burger served with fries Caprese Sandwich served with black bean soup |
| Monday 24  | Tuesday 25   | Wednesday 26   | Thursday 27   | Friday 28   |
| Chicken Parmesan<br>Served with marinara pasta   | Fish Tacos served with coleslaw & tartar sauce   | Falafel Pita served with potato leek soup  | Popcorn Chicken Bowl<br>served with mashed potatoes & corn  | Pulled Pork Quesadilla Served with sour cream & salsa   |

Pork Ton Katsu

Served with garlic bread

Creamy Mac & Cheese

served with rice

Meatball Sub

served with Caesar salad

**Vegetarian Stew**