



The Lunch Box

MARCH Hot Lunch Menu



Monday 03

Tuesday 04

Wednesday 05

Thursday 06

Friday 07

****MID TERM BREAK****

Monday 10

Pasta Bolognese

served with garlic bread

Falafel Bowl (v) (gf)

served with brown rice

Grilled Chicken Bowl (gf)

served with brown rice

Tuesday 11

Beef Tacos (gf)

served hard shell with sour cream & salsa

Coconut Chicken Curry (gf)

served with rice

Vegetable Curry (v) (gf)

served with rice

Wednesday 12

General Tso Chicken

served with rice

Cayman Style Beef

served with rice & beans and plantain

Vegetable Rundown (v) (gf)

served with cornbread & plantain

Thursday 13

Peri Peri Chicken (gf)

with lemon rice & creamy cucumber salad

Falafel Wrap (v)

served with tomato soup

Chicken Souvlaki (gf)

with lemon rice & creamy cucumber salad

Friday 14

Butter Chicken (gf)

served with rice & naan bread

Beef or Cheese Quesadilla (v)

served with sour cream & salsa

Crispy Fish Sandwich

served with fries & tartar sauce

Monday 17

**HAPPY ST. PATRICK'S DAY
Cottage Pie (gf)**

ground beef, mashed potatoes & mixed veggies

Pesto Pasta (v)

served with garlic bread

Irish Potato Soup

served with grilled cheese sandwich

Tuesday 18

Pulled Pork Tacos

served with sour cream & salsa

Chicken Teriyaki

served with rice

Veggie Baked Penne (v)

served with garlic bread

Wednesday 19

Cheese Pizza (v)

served with Caesar salad

Pepperoni Pizza

served with Caesar salad

Jerk Chicken Alfredo

served with garlic bread

Thursday 20

Creamy Mushroom & Spinach Pasta (v)

served with garlic bread

Chicken Schnitzel

with mashed potato & mushroom gravy

Beef Brisket (gf)

served with mashed potato

Friday 21

Jerk Chicken Plate (gf)

Served with rice & beans & plantain

Cheese Burger

served with fries

Caprese Sandwich (v)

served with black bean soup

Monday 24

Chicken Parmesan

served with marinara pasta

Beef Chili (gf)

served with rice

Parmesan Roasted Veggies (v) (gf)

Tuesday 25

Fish Tacos

served with coleslaw & tartar sauce

Beef Lasagna

served with garlic bread

Caponata (v) (gf)

served with cheesy polenta

Wednesday 26

Orange Chicken

served with rice

Pork Ton Katsu

served with rice

Vegetable Chow Mein (v)

served with spring roll

Thursday 27

Chicken Caesar Wrap

served beef & veggie soup

Popcorn Chicken Bowl

served with mashed potatoes, corn & gravy

Vegetable Pad Thai (v)

served nut free

Friday 28

Pulled Pork Quesadilla

Served with sour cream & salsa

All Beef Hot Dog

Served with fries

Aloo Gobi (v) (gf)

Served with pita bread

Monday 31

General Tso Chicken

served with rice

Creamy Garden Pasta (v)

Served with garlic bread

Beef Fried Rice

Tuesday 1

BBQ Chicken Ranch Tacos

served with sour cream & salsa

Fish & Chips

served with tartar sauce

Pesto Pasta (v)

served with garlic bread

Wednesday 2

Beef Risole

served with mashed potatoes & peas

BBQ Chicken (gf)

served with mashed potatoes & veggies

Caprese Sandwich (v)

served with black bean soup

Thursday 3

Creamy Tuscan Chicken (gf)

served with rice

Chicken Pot Stickers

served with fried rice

Edemame Pot Stickers (v)

served with fried rice

Friday 4

Chicken Tenders

served with fries

Pasta Bolognese

served with garlic bread

Black Bean Quesadilla (v)

served with sour cream & salsa