

Thoughtful. Nutritious. Balanced.

CAYMAN INTERNATIONAL SCHOOL

ONLINE ORDERING & WALLET TOP-UP

- Go to thelunchboxcayman.com
- Set up a new account by entering your email, password and contact number.
- On the top right menu bar you can set up a profile for each child.
- Once the profile has been set up you can place orders on the days you like.

Sandwiches & Wraps

Chicken Caesar Wrap	\$7.00
BLT Sandwich	\$7.00
Grilled Veggie & Cheese Wrap	\$7.00
Turkey Club Sandwich	\$8.00
California Chicken Pita	\$8.00
Jerk Chicken Sandwich	\$8.00
Ham & Cheese Sandwich	\$6.00
Falafel Pita	\$7.00
Chicken Souvlaki Pita	\$8.00
Buffalo Chicken Wrap	\$8.00
Add Chips & La Croix	\$3.00

Grab N Go

Sushi	\$6.00
Poke Bowl	\$9.00
Fruit Cups	\$3.00
Veggies & Hummus	\$3.00

Snacks

Chips	\$2.50
Chocolate Bar	\$2.00
Assorted Fruit	\$1.00
Yogurt	\$1.50
Candy	\$1.50

Breakfast

Bacon, Egg & Cheese Bap	\$5.00
Avocado, Egg & Cheese Bap	\$4.50
Texas Burrito	\$5.00
Veggie, Cheese & Egg Wrap	\$4.00
Yogurt & Granola Bowl	\$4.00

Pastries

Croissant	\$2.00
Chocolate Croissant	\$2.50
Brownies	\$2.00
Cookies	\$1.00
Patties	\$2.25
Muffins	\$2.00

Drinks

La Croix	\$1.75
Tropicana Orange Juice	\$2.00
Sparkling Ice	\$2.00
Fresh Juice	\$4.50
Smoothies	\$4.50
Sparkling Water	\$2.50
RAIN Canned Water	\$2.50

Salads & Bowls

Garden Salad	\$6.00
Caesar Salad	\$7.00
Fiesta Salad	\$7.00
Quinoa & Greens	\$7.00
Cobb Salad	\$7.50
Mediterranean Bowl	\$7.50
Baja Bowl	\$7.50
Warrior Bowl	\$7.50
Roasted Root Bowl	\$7.50
Hero Bowl	\$7.50

Add Ons

Grilled or Jerk Chicken	\$5.00
Grilled Salmon	\$6.00
Baked Falafel	\$4.00
Marinated Tofu	\$4.00



January Hot Lunch Menu



Monday 09

HAPPY NEW YEAR!!

Tuesday 10

WELCOME BACK CIS

Wednesday 11

Chicken or Broccoli Alfredo

served with garlic bread

Beef or Cheese Quesadilla

served with sour cream & salsa

Thursday 12

Coconut Vegetable Curry

served with rice

Baked Beef Lasanga

served with garlic bread

Friday 13

Creamy Mac & Cheese

served with garlic bread

Chicken Tenders

served with fries

Monday 16

Pesto Pasta Penne

served with garlic twist

BBQ Chicken Drumsticks

served with mashed potatoes & veggies

Tuesday 17

Fish or Veggie Tacos

served with coleslaw

Pasta Marinara with Meatballs

served with fresh baguette

Wednesday 18

Chicken or Tofu Teriyaki

served with rice

Beef Stir-fry

served with noodles

Thursday 19

Veggie Potstickers

served with veggie fried rice

Pepperoni or Cheese Pizza

served with caesar salad

Friday 20

Grilled Cheese

served with tomato soup

Fish & Chips

served with tartar sauce & fries

Monday 23

NATIONAL HERO'S DAY

Tuesday 24

Beef Tacos

hard shell served with sour cream & salsa

Sweet & Sour Chicken or Tofu

served with white rice

Wednesday 25

Creamy Tomato Pasta

served with garlic bread

Chicken or Veggie Stirfry Noodle

served with a spring roll

Thursday 26

Fresh Garden Pasta

served with fresh baguette

Jerk Chicken

served with rice & beans & plantain

Friday 27

BBQ Cheeseburger

served with fries

Chicken or Veggie Fried Rice

served with Chinese style broccoli

Monday 30

Popcorn Chicken

served with mashed potatoes, corn & gravy

Coconut Chicken Curry

served with rice

Tuesday 31

Pulled Pork or Veggie Tacos

served with sour cream & salsa

Crispy Sweet & Sour Pork

served with white rice

Wednesday 01

Hot Dog

served with fries

Creamy Mac & Cheese

served with garlic bread & garden salad

Thursday 02

Chicken Parmesan

served over penne pasta

Veggie Baked Penne

served with garlic bread

Friday 03

Roasters Chicken

served with roasted potatoes & gravy

Chicken or Broccoli Alfredo

served with garlic bread